

David Berceli
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EDUCATION

Doctor of Social Work (Ph.D) 2007
Arizona State University
Tempe, Arizona

Masters of Social Work (MSW): Direct Practice 1993
Fordham University
New York, New York

Master of Arts in Theology (MA) 1987
State University of New York – Maryknoll School of Theology
Ossining, New York

Masters of Arts in Arabic and Islamic Studies (MA) 1984
Pontificio Istituto di Studi Arabi ed'Islamistica
(Pontifical Institute for Arabic & Islamic Studies)
Roma, Italia

ADDITIONAL EDUCATION

Board Certified Neurotherapist & Certified Neurotherapy Instructor 2008
Natural Therapies Certification Board
Black Mountain, North Carolina

Certificate in Field Traumatology 2005
Traumatology Institute
Tallahassee, Florida

Certificate in Massage Therapy 1998
Reilly School of Massage Therapy
Virginia Beach, Virginia

Certificate in Bioenergetic Analysis 1994
International Institute for Bioenergetic Analysis
New York, New York

FIELDS OF SPECIALIZATION

Post traumatic stress disorder; non-violent communications; multicultural education; micro to macro social awareness; crisis intervention, conflict resolution and third party negotiations.

CLASSROOM INSTRUCTION EXPERIENCE

Arizona State University

HHS 400 - Community Based Complimentary Health — Spring, 2007

SWG 611 - Social Work Practice with Families. — Fall, 2006

HHS 403 - Community Mental Health and Human Services. — Fall, 2006

SWG 653 – Introduction to Holistic Therapies for the Helping Professional. — Summer, 2006

SWG 580 - Community and Organizational Change. Teacher Assistant. — Spring, 2006

SWG 611 - Family Counseling. Teacher Assistant. — Fall, 2005

INDEPENDENT STUDY SUPERVISOR

Arizona State University

HHS 499 Human Health Studies Individualized Instruction — Fall, 2007
Alternative Approaches for Treating ADHD in Children

HSS 499 - Human Health Studies Individualized Instruction — Spring, 2007
The Distinction between Allopathic and Naturopathic Medicine

HHS 494 - Human Health Studies Individualized Instruction — Spring, 2007
CAM Therapies for Relief of Relationship Stressors

HSS 499 - Human Health Studies Individualized Instruction — Fall, 2006
Effectiveness of Yoga, Tai Chi, Feng Shui and Buddhist Meditation

HHS 494 - Human Health Studies Special Topics — Fall, 2006
Methods to Reduce Dental Anxiety among Patients

UNIVERSITY RESEARCH EXPERIENCE

Evaluating the Effects of Stress Reduction Exercises — 2006

Arizona State University

Social work professionals are at great risk of increased stress due to their work with traumatized communities and individuals. The purpose of this proposed research is to introduce a self-help method for stress reduction as a practical application of learning.

Ecologically Based Assessments with Indigenous Populations 2005
Southwest Interdisciplinary Research Center, Arizona State University
A study of the implications of ecologically based assessment for primary prevention with indigenous youth populations.

Research Assistant (RA)
Southwest Interdisciplinary Research Center. Graduate Assistant. Sept. 2004-May 2005
Assisted in developing research designs as well as providing methodological and statistical analysis for quantitative and qualitative data analysis projects.

STUDENT CLINICAL EXPERIENCE

Fordham University
Psychiatric Social Worker. Internship. 1992-1993
St. Luke's Hospital, New York, New York
Facilitated intake interviews, provided assessments and diagnosis as well as individual and group therapy.

Public High School Social Worker. Internship. 1991-1992
Public High School (PS-132) Bronx, New York
Offered counseling for adolescent behavioral issues, crisis intervention, family and group counseling.

UNIVERSITY ORGANIZATIONS

Advisor for the foundation of the Human Health Organization of the Human Health Studies (HHS) Department. 2007
Arizona State University, Polytechnic Campus, Mesa Arizona.

PUBLICATIONS

Books and Monographs

Berceli, D. (2008). T*he revolutionary trauma release process: Transcend your toughest times.* Namaste Publishers, Vancouver, Canada.

Berceli, D. (2007). *Körperübungen für die Traumaheilung.* [Trauma Releasing Exercises: A revolutionary new method for stress/trauma recovery]. (Peter Brandenburg, Trans.). Herausgeber, Germany.

Berceli, D. (2007). *Exercícios para Libertação do Trauma: Um revolucionário novo método Para a recuperação de stress e trauma.* [Trauma releasing exercises: A revolutionary new method for stress/trauma recovery]. (Silveira, Tai, Trans.). Recife, Brazil.

Berceli, D. (2005). *Trauma releasing exercises: A revolutionary new method for stress/trauma recovery.* Charleston, S.C: Book Surge Publishers.

Berceli, D. (2003). **الطريق إلى الشفاء من صدمات الحرب** [Pathway to healing from war induced trauma]. Trauma Recovery Assessment and Prevention Services. 435 W. Rio Salado Parkway, Tempe AZ. 85281.

Refereed Journal Articles

Berceli, D., & Napoli, M. (2006). A Proposal for a Mindfulness-Based Trauma-Prevention Program for Social Work Professionals. *Complementary Health Practice Review*, *11*(3), 153-165.

Okamoto, S., LeCroy, C., Tann, S., Rayle, A., Kulis, S., Dustman, P., & Berceli, D. (2006). The implications of ecologically based assessment for primary prevention with indigenous youth populations. *The Journal of Primary Prevention. 27,* 155-170.

Additional Published Articles

Koch, L. & Berceli, D. (2005). The Iliopsoas muscle: A bio-reverent approach. *Massage, 114,* 74-82.

Koch, L. & Berceli, D. (2005). The Psycho-emotional aspects of the Iliopsoas muscle. *Massage, 115*, 106-113.

Berceli, D. (2000). Missionaries in trauma**.** *Irish Missionary Union Report*, *11,* 3-4.

Berceli, D. (1999). Embodying politics: Recovering from political violence. *Bioenergetic Analysis, 10,* 18-20.

Berceli, D. (1999). Trauma and the startle reflex: Its creation and resolution*. Bioenergetic Analysis, 10,* 22-24.

Translated Journal Articles

Berceli, D. (2003). Trauma – die unsichtbare epidemie symptome, Auswirkungen und heilungsansätze. (Symptoms of trauma). Translated in *Forum Weltkirche, 4,* 28-3.

Berceli, D. (2002). Missionarios traumatizados**.** (Traumatized Missionaries). Translated in *Vida Espiritana: Missao Em Situacoes-Fronteiras, 13*, 65-69.

Book Chapters

Trauma Releasing Exercises: TRE. (2004). *Post-Conflict Healing: Trainer manual for peace building in Uganda (Module 4).* Jamii Ya Kupatanisha P.O. Box 198, Kampala, Uganda. pp. 22-26.

Conference Papers

Berceli, D. (2006, December). Neurogenic Tremor Release Technique (NTRT) for the alleviation of PTSD symptoms. *Conference proceedings of the 18th International Conference of the National Institute for the Clinical Application of Behavioral medicine (NICABM), Hilton Head, South Carolina.*

Berceli, D. (2005, July). Trauma releasing exercises: The use of psychogenic tremors for the alleviation of post traumatic stress disorder (PTSD) symptoms. *Conference Proceedings of the 4th national conference of the United States Association for Body Psychotherapy.* (USABP) *Tucson, Arizona.*

Publications in Progress

Napoli, M., & Berceli, D. The art of effective communication: Mindfulness and family therapy. Will be submitted to: *Family Social Work Journal.*

Video Publications

Berceli, D. (2008). T*he revolutionary trauma release exercises: Transcend your toughest times.* Namaste Publishers, Vancouver, Canada.

Rabin, M. (2005). One hour television interview. *David Berceli's Trauma Releasing Exercises (TRE).* A Better World Media. Manhattan, New York.

Berceli, D. (2004). *Trauma Releasing Exercises (DVD): A self-help trauma recovery methodology.* Trauma Recovery Assessment and Prevention Services *(TRAPS).* 5350 E. Deer Valley Dr. #1412, Phoenix, AZ. 85054.

Berceli, D. (2001). *Pathway to Healing***.** (VHS). 90 minute video of a self-help trauma recovery process. Trauma Recovery Assessment and Prevention Services *(TRAPS).* 5350 E. Deer Valley Dr. #1412, Phoenix, AZ. 85054.

National Organization for Continuing Education of Roman Catholic Clergy. (2004). *Bioenergetics and working with sexual celibacy in the body.* (2004). Video taped presentation at the thirty first annual convention. 1337 W. Ohio St. Chicago, IL. 60622.

Radio/TV Broadcasts

Vibrant Living: radio Broadcast - WGUN 1010AM Nov. 2008
The Revolutionary Trauma Release Program: Springfield, MA

Strategies for Living: Radio Broadcast – Talk Radio 1370 AM Nov. 2008
The Revolutionary Trauma Release Program: Shreveport, LA.

Pat McMahon Show: AZTV-Channel 27 Nov. 2008
One hour television interview. *Trauma Releasing Exercises (TRE).*

Channel 57, Phoenix, Arizona

Good Morning Arizona: AZTV-Channel 3TV Sept. 2008
Television interview for recent publication: T*he revolutionary trauma release process: Transcend your toughest times.*
http://www.azfamily.com/video/gmaz-index.html?nvid=280787

Pat McMahon Show: AZTV-Channel 27 Oct. 2007
One hour television interview. *Trauma Releasing Exercises (TRE).*
Channel 57, Phoenix, Arizona

Independent Expression Radio July, 2007
One hour radio interview. *Trauma Releasing Exercises (TRE).*
Shirley MacClaine's interview about the origin, purpose and potential therapeutic value of neurogenic tremors. http://www.shirleymaclaine.com/ieradio/archive/2007

Conscious Media Network October, 2006
One hour video interview about Trauma releasing exercises (TRE).
Canadian Network interview about neurogenic tremors and PTSD.
http://www.consciousmedianetwork.com/members/dberceli.htm

A Better World Productions July, 2006
One hour television interview. *Trauma Releasing Exercises (TRE).*
Channel 57, Manhattan, New York.
http://www.abetterworld.net

KRUP 91.5FM. Dec. 2003 & Jan. 2004
One hour public radio interview. *Trauma and recovery: A somatic process.*
San Jose, CA.

Crescendo Dec. 2003 & Jan. 2004
30 minute TV interview on the program. *Trauma recovery and prevention.*
Comcast Channel 27. San Jose, CA.

Sudan Radio, Khartoum. May, 2002
15 minute English to Arabic translated interview. *The effects of post war trauma at the cultural and family levels.*

CONFERENCE & OTHER PUBLIC PRESENTATIONS

Despierta tu ahora! Conferencias y Talleres: March, 2009
("Wake Up Now" Conference and Workshop).
Monterrey, Nuevo Leon, Mexico

Joan M. Wright & Associates March 2009
Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.
New Brunswick, Canada

点击QQ交谈留言 [**Psychological Network, China (PSYCHCN)]** Jan. – Feb. 2009
神经性战栗是人和动物本能性程序记忆的一部分 Trauma Releasing Exercise (TRE) staff training. http://psychcn.com/
Cheng du, Sichuan Province, China.

Counseling Centers
Trauma Releasing Exercise (TRE) training workshop for staff and volunteers. Nov. 2008
Netherlands, Sweden, Germany, Italy

Psykoterapeutisk Center
Trauma Releasing Exercise (TRE) training workshop for staff and volunteers. Oct. 2008
Copenhagen, Denmark

Joan M. Wright & Associates Oct. 2008
Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.
New Brunswick, Canada

点击QQ交谈留言 [**Psychological Network, China (PSYCHCN)]** Sept. 2008
神经性战栗是人和动物本能性程序记忆的一部分 Trauma Releasing Exercise (TRE) workshops for earthquake survivors. http://psychcn.com/
Cheng du, Sichuan Province, China.

11th. Bundeskongress für Notfallseelsorge und Krisenintervention May, 2008
Keynote address: Trauma und Spiritualität (11th Annual Conference of Spirituality and Trauma for Emergency Service Providers for Germany.
Koblenz, Germany

Ein aktuelles Projekt im IIBA: Trauma- Behandlung mittels Trauma Releasing Exercises (TRE). *Workshop: "Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms."* May, 2008
Ovelgonne, Germany

Arizona Lost Boys Center April, 2008
Workshop: "Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms."
Phoenix, Arizona

Phoenix Police Dept. Family Investigations Bureau. Sex Crimes Unit 2007/2008
Workshop: "Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms."
Phoenix, Arizona

Phoenix Family Advocacy Center 2007/2008
Workshop: "Neurogenic Tremors: A technique for clinician resiliency and survivor recovery from compassion fatigue, vicarious trauma and PTSD symptoms."
Phoenix, Arizona

Arizona State Wellness and Health Tri-versity" Coalition 2007
Sexual violence and Prevention and education Summit: Self-help techniques for recovery from sexual and domestic violence.

Arizona Department of Peace 2007
Workshop: "Mass Trauma: A New Paradigm for Recovery"
Phoenix, Arizona

Trauma Response Team: Luke Air Force Base, 56th MDOS/SGOMH 2007, 2008
Traumatic Stress Response Team Workshop: Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers. Luke AFB, Arizona

National Association of Social Workers – Arizona (NASWAZ) and Arizona State University (ASU) 2007
Workshop: "Mass Trauma: A New Paradigm for Recovery"
Phoenix, Arizona

Department of Behavioral Health, US Army, Ft Sill 2006
Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.
Rach, Oklahoma

Phoenix Vet Center 2006
Trauma Releasing Exercises (TRE) for veterans of Vietnam, Afghanistan, Gulf War, OEF & OIF.
Phoenix, AZ

Sociedade de Analise Bioenergetica do Nordeste Brasileiro 2006
O tratamento neuropsicomotor dos traumatismos, desordens e stress pos-traumáticos.
(The use of the neuro sensory motor response for the alleviation of post-traumatic stress disorders)
Recife, Brazil

Genesee County Mental Health Association 2006
Keynote speaker*: Mass trauma and its psychosocial impact on health practitioners.*
Workshop Presenter: *The Neuro-anatomy of trauma and extinction of the hypothalamus-pituitary-adrenal (HPA) axis.*
Batavia, New York.

Société Française d'Analyse Bio-Energétique 2006
Le traitement neuropsychomoteur des traumatismes, désordres et stress post-traumatiques.

(The use of neurogenic tremors for the alleviation of post traumatic stress disorder (PTSD) symptoms)
Paris, France

Internationales Institut für Bioenergetische Analyse 2006
Posttraumatische Belastungsstörung (PTSD) – Symptome und deren Behandlung (Post-traumatic Interference (PTSD) – Symptoms and its Treatment)
Heidelberg, Germany

The National Institute for the Clinical Application of Behavioral Medicine 2006
Neurogenic tremor release technique for the alleviation of PTSD symptoms.
Hilton Head, South Carolina

International Yoga College 2006
Mass trauma: A body-based recovery method for large-scale populations with PTSD.
Tucson, Arizona

164th Corps Support Group (CSG) S-1 2006
Pre-deployment training in Combat Operational Stress, Rucksack Palsy, and post traumatic stress symptoms.
Mesa, Arizona

National Association of Social Workers (NASW) 2005
Trauma recovery methods for large-scale traumatized populations.
Phoenix, Arizona

Walter Reed Army Medical Center: Deployment Health Clinical Center (DHCC) 2005
Neurogenic tremor release technique for the alleviation of hyperarousal PTSD symptoms among Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) soldiers.
Washington, D.C.

United States Association for Body Psychotherapy (USABP) 2005
Trauma releasing exercises (TRE): The use of neurogenic tremors for the alleviation of PTSD symptoms.
Tucson, Arizona

Foundation for Global Leadership 2005
Trauma assistance and hotline protocol for first responders to traumatic events.
Manama, Bahrain

Alpha & Charlie Co. 1st Battalion 151st Field Artillery 2004, 2005
Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.
Morris, Minnesota

International Institute for Bioenergetic Analysis 2005
Neurogenic tremors and the alleviation of hyperarousal post traumatic symptoms.
Boston, Massachusetts

National Organization for Continuing Education of Roman Catholic Clergy 2004
Bioenergetics and sexual celibacy: A bodily experience.
San Diego, California

Non-Government Organizations 2002
Unicef, World Health Organization (WHO), Doctors without Boarders, Med Air, Concern for the World, Friedrich Egert Stiftung. *The effects of trauma among local and foreign volunteers in Sudan.*
Lokichokio, Kenya

El-Ahfad University. Department of Psychology 2002
Sudan and trauma: A new paradigm for healing a nation.
Khartoum, Sudan

INTERNATIONAL RESIDENTIAL EXPERIENCE

Sudan
Trauma Recovery Therapist 1999-2002
Developed and implemented a national trauma recovery program in conjunction with Sudanese non-government organizations and German relief agencies. Trained and supervised local Sudanese leaders in trauma recovery awareness, education and somatic psychotherapy techniques.

Israel
Conflict Resolution Consultant 1995-1997
Provided stress management & trauma relief programs to embassy and consulate staff. Designed trauma intervention programs for local Israeli and Palestinian organizations. Supervised therapists, social workers, counselors and emergency medical teams on the psychological and physical interventions necessary in the trauma recovery process.

New Zealand
Bioenergetic Analysis Training Supervisor 1994-1995
Provided supervision for the local Bioenergetic Training Program. Supervised thirteen 2nd and 3rd year trainees in issues pertaining to somatic psychotherapy. Facilitated individual and group psychotherapy sessions. Designed and taught workshops on the psychobiological effects of stress and trauma.

Western Samoa
Substance Abuse Counselor 1985-1986
Designed culturally sensitive substance abuse programs. Provided clinical counseling and staff support to Alcoholics Anonymous programs.

Lebanon
War Relief Service Provider 1980-1981
Provided social services for victims of war and political violence. Engaged in war relief social work efforts among military, civilian populations, women and abandoned children.

North Yemen
English Teacher 1979-1980
English teacher for grades 1-6 in a high security adolescent, residential school for delinquent and/or orphaned boys.

Egypt
Youth Coordinator 1978-1979, 1982
Assisted in supervising and facilitating individual and group therapy programs for Egyptian teenage youth with histories of family violence, severe poverty, juvenile delinquency and domestic violence.

ADDITIONAL INTERNATIONAL EXPERIENCE

Bahrain, Kenya, Ethiopia, Uganda, Northern Ireland, Chile, Bolivia 1999-2004
Trauma and Conflict Resolution Consultant
Developed and facilitated culturally sensitive trauma awareness and training workshops. Provided on-going training, educational and supervisory programs for local populations for the purpose of developing trained trauma professional within the host countries.

PROFESSIONAL EXPERIENCE

Founder of Trauma Recovery Assessment & Prevention Services 2000-present
International Trauma Coach & Consultant
Provide specialized trauma recovery assistance to international organizations whose employees are living and working in trauma inducing environments. Design, organize & implement comprehensive trauma recovery and stress management programs for International Relief Agencies, Government and Non-Government Organizations (NGO). Train and supervise senior staff on individual and organizational trauma behaviors and a healthy recovery process. Supervised programs in Ethiopia, Eritrea, Israel, Kenya, Northern Ireland and Sudan.

Formation Consultation Services 1998-2000
Staff Psychotherapist
Provided clinical assessments of international clients as well as short-term counseling to in-house residents. Developed and implemented community organizational workshops in Ireland, Ethiopia, Eritrea, Kenya and Sudan.

Maryknoll International Society 1976-1998
International Cross-Cultural Consultant
Promoted global relationships for the peaceful cohabitation of diverse cultures through large-scale and long-term intercultural projects and assistance programs. Designed intercultural

training programs that addressed barriers to effective cross-cultural management. Implemented training programs on diversity in a multicultural workplace.

Massage Therapist 1998-2005

Private Practitioner

Provided professional massage to a diverse clientele as a state certified massage therapist. Massage techniques included: Osteopathic Massage, Psychotherapeutic Massage, Neuromuscular Massage and Swedish Massage.

Bioenergetic Therapist 1994-present

Private Practitioner

Provide a bioenergetic analytic approach to the psychotherapeutic process by combining psychotherapeutic insight with body sensitivity. Promote an integration of body, mind and spirit approach to resolving psychosomatic patterns of distress.

Spiritual Director 1976-2001

Engaged in spiritual/religious dialogue and practices as well as provided spiritual direction within diverse cultural and religious contexts.

CURRENT PROFESSIONAL AFFILIATIONS

- Academy of Traumatology (AT)
- Association for Bodywork and Massage Professionals (ABMP)
- The United States Association for Body Psychotherapy (USABP)
- International Institute for Bioenergetic Analysis (IIBA)

LANGUAGES

- **Arabic**: Speak – fluently: Read – moderately: Write – with facility.
- **Italian:** Speak – moderately: Read – easily: Write – moderately.
- **French:** Speak – beginner: Read – easily: Write – moderately.

MILITARY SERVICE

- United States Air Force (USAF) **Active Duty.** 1972-1976. Honorable Discharge.
- United States Air Force (USAF) **Reserve Duty.** 1976-1978. Honorable Discharge.